



THE MOTHER OF ALL PACKING LISTS!

Of course, you may not need *everything* on this list. Double check so you don't forget anything & cross-reference with the [Carry On Packing List](#)

MONEY & DOCUMENTS

- Cash /credit cards/debit/ATM cards (make sure these work where you're visiting)
- Passports
- Drivers' license
- Consent letter from non-traveling parent if traveling solo
- Photocopies of passport & drivers' licence - packed separately, in case ID is lost or stolen
- Calling card & number for out-of-country calls
- Health & travel insurance documents
- Vaccination documents if needed
- Address/phone book
- Trip itinerary
- Airplane tickets, or confirmation number for e-ticket
- Hotel and/or car reservation numbers

TOILETRIES

- Toothpaste, toothbrushes, dental floss
- Shampoo, conditioner, hair products
- Brush & comb
- Shaving gear
- Glasses and/or Contact lens paraphernalia
- Sunglasses
- Skin cream, makeup
- Nail clippers
- Tweezers
- Lip balm
- Ear plugs
- Insect repellent
- Afterbite, for insect bites
- Sun block



THE MOTHER OF ALL PACKING LISTS! (cont'd)

HEALTH CARE

- Band-aids
- Topical antibiotic ointment
- Disinfecting liquid like hydrogen peroxide or alcohol
- Cotton swabs
- Pain relief tablets
- Children's pain/fever reliever
- Oral rehydration liquid or sachets
- Allergy medicine
- Feminine hygiene products
- Prescription medicines
- Vitamins

MISCELLANEOUS STUFF

- Smartphone & charger
- Camera and batteries and/or charger
- Camcorder or digital recorder & charger
- Tablet/Laptop and/or DVD player and DVDs and/or portable game device, headphones
- Pen & Paper
- Assorted plastic bags
- Assorted plastic containers
- Flashlight & batteries
- Needle and thread
- Travel alarm clock
- Small amount of dish and/or laundry soap
- Waterproof sheet
- Beach toys
- Water wings/life jacket
- Snorkel & fins
- Water goggles
- Water Shoes
- Underwater camera



THE MOTHER OF ALL PACKING LISTS! (cont'd)

CLOTHES (Hopefully you can bring enough that you don't have to do laundry!!)

- Two swimsuits
- Lots of t-shirts or other tops
- Long sleeved shirts
- Shorts
- Pants
- Sweater or jacket
- A couple of nice outfits if you are expected to 'dress' for dinner
- Rain gear
- Sleepwear
- Underwear
- Socks
- Several sunhats – they always get lost
- Sandals
- Good walking shoes
- Accessories
- Sarongs – can be used as swimsuit cover-up and baby carrier

SPECIFICALLY FOR BABY!

- Breast Pump/Nursing Pads
- Formula or powdered milk
- Baby food/Baby Cereal
- Eating utensils
- Bottles & Nipples
- Sippy Cups
- Extra Pacifiers
- 'Special' items like blanket, toys, etc.
- Crib bedding
- Changing Pad
- Diapers (how many depends on type accessible at your destination)
- Swim Diapers
- Wipes (lots)
- Diaper Cream



THE MOTHER OF ALL PACKING LISTS! (cont'd)

SPECIFICALLY FOR BABY! (cont'd)

- Baby Toiletries
- Bath Toys
- Bibs
- Swimsuits
- More sunhats
- Approx 2 outfits per day if not planning on doing laundry
- Sweater(s)
- Socks
- Shoes/Sandals
- Travel crib/cot
- Stroller
- Carrier
- Car Seat

