



CARRY-ON PACKING LIST

Split the contents between the usually allotted 3 bags of carry-on luggage by most airlines for 2 adults + a lap baby. No need for a mule this time around!

- Plane Tickets
- Passports & Other ID
- Consent Form if both parents are not traveling
- Hotel Vouchers/Reservation Correspondence
- Credit Cards/Money
- Travel Insurance Information
- Smartphone & Charger
- Tablet/Laptop & Charger and/or DVD Player (if baby is old enough) & DVDs, headphones
- Camera & Charger
- Prescription Medications
- Pen
- Toys
- Books
- Baby's 'Woobie' or special blanket or toy (guard this with your life!)
- 1 Diaper per every hour of your journey
- Wipes, wipes & more wipes
- 2 changes of clothes for baby
- At least 1 change of clothes for you
- Plastic bags to hold aforementioned possible laundry
- Snacks
- Food for baby – at least two more meals than you think you'll need
- Formula or milk for baby – at least 2 more feeds than you think you'll need
- Clean Bottles or Sippy Cups
- Breast Pump & Accessories (if you're pumping)
- Extra Pacifiers (if baby takes them)





CARRY-ON PACKING LIST (cont'd)

2 One-litre zippered plastic bags for you and adult travel partner containing:

- travel-sized toothpaste
- travel-sized mouthwash
- travel-sized hand sanitizer
- travel-sized moisturizer
- travel-sized liquid soap or small bar of soap
- travel-sized deodorant
- travel-sized shampoo
- travel-sized conditioner
- travel-sized disinfecting liquid (like alcohol or peroxide)
- small tube antibiotic ointment
- toothbrushes
- a few cotton swabs

1 One-litre zippered plastic bag for baby containing:

- liquid baby antihistamine
- liquid baby acetaminophen
- travel-sized baby wash
- travel-sized baby shampoo
- travel-sized baby moisturizer
- travel-sized diaper cream
- a few oral re-hydration unfrozen freeze pops

